Alstonville High School Newsletter

ALSTONVILLE

Developing future citizens and leaders of the community – life long learning!

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Issue 2 19 February 2020

Alstonville High School

Our community values integrity in all aspects of life

Values

We value and support:
A positive, healthy and safe
learning environment
Respectful attitudes and
actions
Diversity
Pursuit of personal
excellence
Service to community
Team work
Quality learning and
teaching
Initiative, leadership and
self-discipline

Learning

We aspire to be:
Life-long learners
Creative and critical thinkers
Effective communicators
Skilled in literacy and
numeracy
Independent and organised
Competent and innovative
with technology
Environmentally, socially and
culturally informed
Caring and compassionate



Year 10 visit local apiary (bee nursery)

CALENDAR OF EVENTS					
Term 1 2020					
19 Feb	Wednesday	P & C Meeting 7pm			
20 Feb	Thursday	NR Zone Swimming Carnival			
25 Feb	Tuesday	NR Zone 15yrs Touch Trials			
		Year 7 Welcome BBQ 5pm			
27 Feb	Thursday	NR Zone Basketball Trials			
2 Mar	Monday	NR Zone Rugby Union Trials – Evans Head			
3 Mar	Tuesday	NC Swimming Championships – Coffs Harbour			
5 Mar	Thursday	NR Zone Netball Trials – GSAC/Lismore Outdoor			
		NR Zone Rugby League Trials U15's&Opens Boys			
9 Mar	Monday	NC Rugby Union Trials			
10 Mar	Tuesday	NR Zone Hockey Trials			

Our strategic guiding question?

How can we ensure that our students achieve at least one year's worth of learning growth from one year's worth of teaching?

Principal's report

A very busy term

It is hard to believe we are almost half way through our first term. The year is progressing very quickly.

Hopefully by the time this is being read we will have held another successful swimming carnival on Monday with little to no rain having dampened the spirits of students and teachers on the day. If so, then students that placed first or second will be competing at the Zone Swimming in Lismore. If not, then those students that placed their names down with the PE staff will be there. Either way, we wish all students well.

A reminder that any student who missed their photo on Friday 14th Feb will have another opportunity this Friday 21st February. Also the Year 12 group photo will be rescheduled due to the weather.

On Tuesday 25th February we are holding our Year 7 welcome BBQ. This in an opportunity for Year 7 parents/carers to come to school and meet their child's teachers. More information will be sent to families this week. On Wednesday 26th February we are holding our year 5 and year 6 into 7 information evening. Information about this event will be sent to families via our neighbouring primary schools, advertisements in local media, our facebook page and our school website. We are very excited to be meeting with families at these upcoming events. Also on Wednesday 26th February at 7pm will be the first meeting for the Parents and Citizens (P&C) of Alstonville High School. Everyone is welcome.

Professional learning for staff

This week our Head Teachers have reflected on their performance and development plans for the year through the use of generative dialogue with staff from Byron Bay High School. Later in the term, staff will be working with Dr David Townsend from Canada, and Mr David Silcock. Our literacy and numeracy team will continue their collaboration with David and David as we review what the data tells us about the effectiveness of our strategies to date and how we can ramp up our approach further for 2020. Other teams, including our Aboriginal Education, School Promotion & Transition, Steam & Curriculum, Student Wellbeing and Work, Health & Safety teams will also be discussing aspects of their teams goals as they seek to maximise the impact of their approaches for 2020. We will also be working with authors and academics Kurtis and Lorna Hewson. They have developed what is called the Collaborative Response Model of student support. This model has heavily influenced the development of our school plan and refinements we are making to collaboratively support our students with personalised learning plans. Kurtis and Lorna have travelled all the way from Edmonton at their own expense and are providing their expertise free of charge to our school. They are also bringing a range of resources to share with our team.

Sentral Parent portal

We aware that that some of our parents are experiencing some difficulties accessing the SENTRAL parent portal. We have been working with a small group of parents over the last couple of weeks to understand what have been some of the barriers and to actually see what parents can see because our view of the program is quite different. We have been making some changes to the way the information is organised on the parent portal to simplify the way information appears. We are also developing a range of instructions to provide to parents that will provide additional support. We will also be including some information and help sessions as part of our organisation for the year 7 BBQ. We hope that by the end of this term many more parents will be able to access the portal easily, and that we can improve this aspect of our communication strategy. If you have any feedback, questions or suggestions related to using the parent portal please ring the school office and talk to our staff who will pass your issues onto the team working on this project.

John Parker, Relieving Principal

Deputy's Report - HSC Administrator

Dear Parents & Guardians,

As current Year 12 Deputy Principal and HSC Administrator, I would like to take this opportunity to welcome you to another year. Indeed, as stated by Mr John Parker, it's hard to believe that we are well on our way to March and our Year 12's are moving rapidly toward completion of their studies.

At this time of year, it is important to remind both parents/guardians and students that the **New South Wales Education and Standards Authority (NESA)** mandates that all schools develop a school assessment program and policy that maintains strict guidelines in relation eligibility for HSC study. This includes the number of subjects required to fulfil the award of the HSC course as well as ATAR eligibility and requirements for eligibility regarding the record of school achievement or ROSA.

In particular, a range of assessment procedures are detailed in our assessment booklet. These are additionally explicitly communicated to students at the beginning of the HSC year back in Term 4. While there is a great deal of information listed in the assessment booklet, it is important that all parents, guardians and students are familiar with illness/misadventure requirements for example also understanding the way in which malpractice is administered and N Award notifications are distributed to name a few.

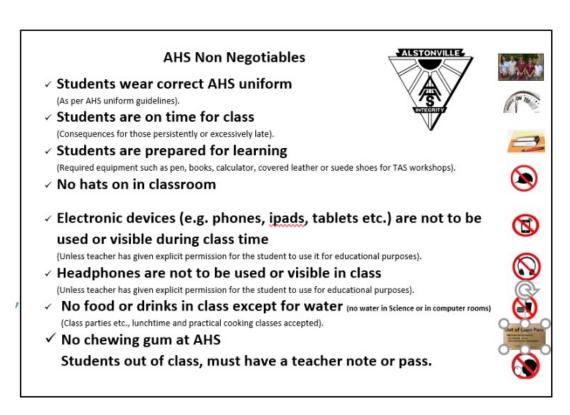
If you have any questions about the nature of assessment or administrative practices and requirements pertaining to this year's HSC course of study, please do not hesitate to contact me at the school or the respective Head Teachers of each faculty who are also most willing to assist.

Regards, and many thanks for your assistance in ensuring that processes and assessment procedures run smoothly, according to policy requirements.

All the very best for a tremendous 2020!

Mr Vincent Trirro, Relieving Deputy Principal

AHS Non Negotiables - reminder for parents



Canteen Volunteers

Remember:

Please volunteer for our school canteen. We need you – our students need your support!



Information for Yr7 vaccinations

Year 7 will be receiving their vaccination forms next week. Please complete and return to Mrs Crethar in the maths staffroom or the front office ASAP. Students with returned forms, will be vaccinated on the 2nd March. Later in the year there will be more vaccinations occurring.

If there are any questions, please contact Mrs Crethar/ Maths/Girls Supervisor.

Term 4 Homework Centre

When: Every Monday
Time: 3.20pm to 5pm
Where: AHS Library

Come along and please bring your latest H/W and assignment tasks

Provided: Fresh fruit and biscuits

Mrs Christmas TAS Head Teacher



Recycle 10c Bottles at school:

Please encourage your children to use the new 10c bottle collection cages located in the school. Return their used bottles and poppers at the end of recess and lunch. The school environmental group will collect and ensure that money is then used to improve the environment at Alstonville High School.

KEEP RECYCYLING THOSE BOTTLES ☺

New Project - Compost bins around the school

Please encourage your children to use the new bins around the school at recess and lunch. The school environmental group will collect the compost and take down to the school set up for composting in the Agricultural plot.

The Environmental Group and Mrs Christmas/Ms Varela

Careers Comunication Corner

TVET Tafe 2020 Years 10.11 and 12

Reminder to all students who have commenced TAFE this year or are continuing from last year. It is up to students/families to pay for transport when students access special TAFE timetabled or public bus services to and from TAFE. This was listed on TAFE application forms signed by families. Some school buses MAY accept school bus passes if already on that route. TAFE course costs are covered by Department of Education unless students are from private schools. Attendance is compulsory each week. If absent, you need to notify TAFE AND bring a note to school as you would for normal absences. Students attending all day classes go direct to TAFE. Explained absences/cover notes, are placed on the school system as follows: (NOTE) Students attending afternoon classes are listed as flexible leave from 12:00pm if you are catching the bus to TAFE from school bus bay. If you are getting a lift to TAFE, you need to let school know as you should remain in Period 3 class until 12:30pm.

Year 12 Tafe and University Visit

TAFE and University annual visit will be Period 5 Thursday 27th February in Alstonville High School hall. Compulsory attendance for awareness raising for all Year 12. Classes will be cancelled and teachers of that period will mark a roll. Parents are most welcome to attend if able. Information notes were handed out to students last Friday

Year 12 2019

Where are they now? The Careers Adviser is currently collecting data on what Year 12 students are doing since they finished school last year. The names are not published, but I need to get statistics on what type of course or employment area they are in eg psychology or mechanic apprenticeship and location e.g Alstonville or Sydney. If they are seeking employment, travelling or having a GAP year? Please email the Careers Adviser on karen.horne@det.nsw.edu.au with any information. Thank you.

Karen Horne/Careers Adviser (Karen.horne@det.nsw.edu.au

Pathways To Uni UTS: 2019 Students

Greetings from the Pathways2uni team! A reminder to all your 2019 Year 12 graduates (and parents) that there is still time for them to apply for entry into a degree of their choice commencing in March or July 2020. We are partnered with a range of universities around Australia and our counselling service is FREE to all Australian and International students. We provide FREE professional, transparent and unbiased advice to help guide students through the range of study options into universities and quality higher education colleges.

Students can arrange for a counselling session and campus tour through this link <u>Pathways2uni</u>. Could you please forward this email on to your 2019 Year 12 graduates and their parents? If you have any questions about our services please don't hesitate to contact me directly at any time.

Nicole Zabbal | Lead Student Counsellor

Agriculture News



The photo showing the corn crop depicts the effect of irrigation – the irrigator did not cover the edges of the crop paddock and resulted in a decline in growth towards the fence boundaries

The school farm had a mixed forage crop planted prior to the rains which has resulted in good germination and growth which reinforces the benefit of weather forecasts and decision making.



Year 8 students have been shown the school farm and have been introduced to a range of inputs and agricultural outputs or products.

Year 9 students are studying commercial cropping and they will establish a mixed crop in coming weeks.

Year 10 students are visiting a local apiary (bee nursery) which is situated in town in a permaculture setting. They will undertake a range of activities involved in beekeeping.



Year 11 have been inducted into the course and are starting their work health and safety unit. The emergence of a buffalo fly pest situation in our breeding cattle led to immediate action and students were asked to perform ear tagging operations during their first lesson in class

Year 12 students completed their work placements and were provided authentic experiences to work at an industry standard in a number of agricultural enterprises including – veterinary practice, dairy operations, DPI and livestock, market gardening and floriculture. The difficult weather conditions complemented the experience with contingency planning arrangements and decision making in practice.



Ben Holmes/Agriculture Dept

HSC Drama OnStage Excursion Sydney

On Wednesday 11th of February Charlotte Unsworth, Jessica Chate, Maggie McGrath, Samina Rowhani and myself travelled to Sydney to attend OnStage Programmes 1 & 2 at the Seymour Centre. This is a presentation of exemplary 2019 HSC drama group

devised performances (GP's) and individual projects (IP's). Students have the opportunity to witness the high standard of work across the state, and to engage with what is possible in their own work.

On the first evening we attended an viewed a very moving production called education arm of Belvoir also provided an writer and director Benedict Hardie and – Neighbourhood Watch and Stolen.



outstanding film called' Just Mercy' and the second evening we 'Jesus Wants Me for a Sunbeam' at Belvoir Theatre. The outstanding monologue preparation workshop with actor, provided archived film footage of both plays studied in Term 1

On Thursday we joined Coffs Harbour

High for a group devised theatre workshop with Sophie from

Australian Theatre for Young People (ATYP). Both workshops were highly engaging and delivered with great professionalism.

ATYP accepts auditions for productions throughout the year. For under 18's this in an incredible opportunity to work with a professional company. For over 18's it is a step into paid acting work. (https://atyp.com.au/)

We also had the pleasure of visiting the Museum of Contemporary Art and our accommodation in the Big Hostel in Surry Hills was clean, safe and central to our needs. I would like to congratulate the students on their exemplary behaviour and thank the parents for supporting us. As a fitting end to our trip we met the wonderful actor and director Wayne Blair at the airport and he gave great industry advice and encouragement.











Yours truly Kimberley Davenport (Drama Teacher Year 12)

Sports News

Swimming Carnival 2020

On behalf of the senior executive. I would like to thank all staff involved in the organisation and execution of our swimming carnival, making the day a spectacular event, which was so appreciated by our students. Special thanks in particular to Mr Paul Francis and the PDHPE team for all the work they put in. The carnival was a really positive experience and enjoyed by all.



Mr Vincent Trirro, Relieving Deputy Principal

Community Announcements

Year 8 Parents: 'Future Proofing' Study

Dear Parents and Carers,

This is a reminder to submit your decision about your child's involvement in the 'Future Proofing Study'. http://www.futureproofing.org.au/.If you haven't already done so, please visit the following website to view the Study Information Sheet and register your decision: https://www.fpstudy.org.au/s5vKu

The study is being run by researchers at the Black Dog Institute<http://www.blackdoginstitute.org.au/> at the University of New South Wales, along with over 100 schools in NSW, to better understand the changes that take place in mental health from early adolescence to adulthood. Students in the study will also trial mental health apps that may help identify and prevent symptoms of depression and anxiety.

The results of this study have real potential to inform government policy and the scientific community. For this reason, we are keen to get a good representation from Alstonville High School.

The research team at Black Dog have their first parent webinar coming up on Wednesday 19th February at 7pm. Please click here to register for the webinar https://zoom.us/webinar/register/WN_jRNtSzXOSzG0o4l3IY-Wbg if you wish to hear more about the study.

Student Exchange Australia New Zealand



In May, July & August this year we will be welcoming a new group of exchange students from all over the world. These students are excited to live with an Aussie host family, attend a local school for 3, 5 or 10 months and live like a local. As we plan for their arrival, we are keen to hear from suitable families who might be interested to host a student and have a truly rewarding experience for the whole family.

Host families help provide students with the chance to experience life in Australia. It's a great way to develop language skills, share stories and establish a lifelong link to a family overseas. Hosting a student also contributes to international goodwill.

All students have at least basic levels of English and a wide range of interests and hobbies. If families would like a selection of student profiles sent to them to review and decide which student may fit into a particular family best, please contact us or reply to this email.

Student Exchange Australia New Zealand is a not-for-profit organisation that is registered with all state and territory Departments of Education around Australia. We lead the way as the first secondary exchange organisation in the world to be certified to ISO 9001 (Quality Management System) and we ensure the highest standards of care and support to our participants. You can find out more about our organisation by visiting www.studentexchange.org.au.

If your students, families or language teachers have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, they can respond to this email or call our office on 1300 135 331. Our staff members will be happy to discuss which student might be best suited to their family. No obligation.

Sandra Harders Host Family Placement Manager

Women in Aviation Day

Griffith University will be hosting a Women in Aviation day on Friday 6 March 2020 open to female students in Years 10 - 12. The Griffith Women in Aviation Day was launched in 2017 to encourage female students to study Aviation at a tertiary level who are interested in either becoming pilots, managers, aircraft safety inspections/investigators, IT or engineers within the aviation industry.

The event will run on **Friday 6 March 2020 at our Nathan Campus** and coincides with Women of Aviation Worldwide Week. Students will participate in hands-on activities including a flight simulator trial and hear presentations from a variety of female industry speakers. Female students in Years 10 to 12 are encouraged to apply.

Due to popular demand, the Griffith Women in Aviation Day is limited to **three students per school**. For more information and to register, visit: https://www.griffith.edu.au/griffith-sciences/stem-outreach/women-in-aviation

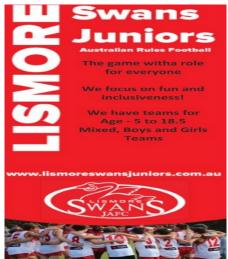
Kind regards,

Jaclyn Barker | Marketing and Engagement Officer School of Engineering and Built Environment

Griffith University | Nathan Campus | QLD 4111 | Building (N79) Room 3.08

T +61 7 3735 3924 | E jaclyn.barker@griffith.edu.au









Australian Air Force Cadets 326 Squadron City of Lismore ONCE A YEAR

Recruitment and Information Nights

Friday the 7th, 14th, 21st and 28th of February 6 - 10pm

(6.00 -7.30pm for parents information session)

Air Force Road East Lismore
For further information call or text
Commanding Officer Steve Parry
on 0427 635 331



MULLUMBIMBY NSWICK VALLEY FC ALL STARS (Football 4 All)

'COME AND TRY' DAYS

10am to 11am Sunday, 9 February 2020 & Sunday, 16 February 2020 Pine Avenue, Mullumbimby

MBVFC is excited to announce the establishment of a new Football 4 All program specifically catering for young boys and girls who live with special needs or a disability - the MBVFC All Stars. The MBVFC All Stars program aims to provide players and their families with a supportive and inclusive environment, that gives every player the opportunity to maximise their potential and enjoy playing one-competitive football at a community-based club. The program will run every Sunday morning from 10am to 11am, during the winter football season. A parent/carer must be present at each session.

If you would like to join the All Stars, we need you to register and attend our 'come and try' days in February 2020. It is essential that every opential player that wants to join us' attends, as we will have our specialist coaches at these sessions, and they will assess each player so that we can fit the player so that we can fit the player. We are not bound by age groups for teams, we will make up teams based on a range of factors to ensure all players in each team work to find that every night entire frontall gromerience.

We cater for boys and girls ages 6-18 years inclusive of individual special needs. Our activities aim to develop the skills required to play modified games on small fields with a reduced number of players. Playing modified games is a proven formula for ensuring every player has increased participation resulting in greater involvement and more touches on the ball.

To register for our 'come and try' days, please complete the application form (available from the MBVFC website www.mbvfc.com.au/) and email it to info@mbvfc.com.au. For more information please contact the project co-ordinator, Sharno Scriven, on 0435 057463. It is essential that you register in advance of our 'come and try days' so that we can cater for player numbers.

If you do not attend a 'come and try' day, we unfortunately will not be able to offer you a place on the program, as it is essential that we assess every player to make our program successful and ensure the enjoyment of all players

Please register early to avoid disappointment as places are limited.





P.O Box 715 Mullumbimby NSW 2482 - Email: info@mbvfc.com.au - Website: www.mbvfc.com.au



Media Release

31 January 2020

2020 Get Active Expo & Registration Day!

The Get Active Expo & Registration Day is back for 2020 in the new Ballina Indoor Sports Centre (BISC)!

This FREE community event gives sporting clubs the chance to connect with local families and help kids find out what sports are on offer in Ballina Shire – all in one place.

Roberta O'Brien, Community Facilities Coordinator with Ballina Shire Council explained that the inaugural 2019 Get Active Expo held in Alstonville was a great success. "Now we have a purpose built sports centre, the BISC is an ideal venue to exhibit all sport providers under one roof."

"We invite families to come down to the Ballina Indoor Sports Centre (BISC) on **Saturday 29**February 2020 between 10am and 2pm and check out over 30 sports including cheerleading, martial arts, surfing, soccer, dancing, AFL and basketball," added Roberta.

"Meet the amazing volunteers behind Ballina Shire's strong sporting culture and get registered for the upcoming season," enthused Roberta.

Fun activities and demonstrations will keep kids entertained. Take a tour of the new sports centre and chat to the friendly staff on what's happening at the BISC. Shoot hoops, grab a sausage sizzle and meet this year's expo ambassador (soon to be announced)!

Remember to register for the Active Kids voucher and receive \$100 towards sport registration. To find out more about Active Kids visit service.nsw.gov.au.

If your club is not yet registered for the Get Active Expo email the BISC Team at communityspaces@ballina.nsw.gov.au or telephone 02 6681 0599.

Authorised By	Linda Coulter Acting Director Corporate and Community Division	 Amy Fortescue or Roberta O'Brien Community Facilities 02 6681 0599	
Distribution	Local Media	305 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	



COUPLES & FAMILY COUNSELLING

Do all your discussions turn into arguments?

Have you lost the ability to communicate?

What are your children learning from their parents about relationship?

Has raising a family crowded out your love affair?

CALL 0404 386 399

Dr Judith C Miller

has a private counselling practice in Wollongbar

Fee: \$150.00 per session of 60-90 minutes



TODAY!

REGISTER ONLINE @

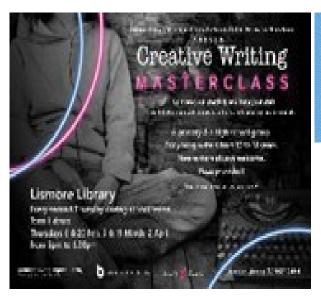


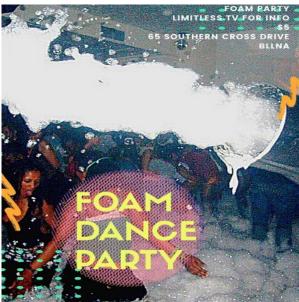




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RAFFLE **\$2 EACH OR 3 FOR \$5**

- 1st Prize "Ultimate Byron Bay Experience" 1 night stay at Byron Palms Guest House 5200 meal voucher at Balcony Bar and Oyster Co Stone & Wood Brewery Tour for two Half day surfing for two with Soul Surf School

- 2nd Prize "Ride & Relax" Forest to the Beach horse riding adventure with Zephyr horses Massage Voucher at Holistic Health Evans Head Native plant based skin serum from Evolve Skin

3rd Prize "Beach Bundle" - The ultimate beach trolley, fully stocked with all your beach essentials to keep the whole family entertained

4th Prize "Meal Voucher" - Meal voucher at No Bones Byron Bay

Tickets available at the MRNC Office. Raffle drawn at Crankfest Youth Festival 18th April 2020.







2020 SCHOLARSHIP OPPORTUNITIES

AFS is committed to providing opportunities for young people to participate in programs regardless of their financial situation. That's why AFS works with a wide variety of corporate and community sponsors to help finance AFS programs through scholarships.

Thanks to the generosity and support of corporate and community donors, AFS offers a range of scholarships which cover all or part of the AFS program fee. Competition for scholarships varies, and recipients are selected on a number of criteria including cultural awareness, community involvement and consistent academic achievement.

Global Citizenship Scholarship

Designed for students who can demonstrate an active engagement in their local community and interest in global issues (sustainability, inequality, peace & justice). Successful applicants will be awarded a \$3000 scholarship to help cover the cost of a trimester, semester or year exchange program to selected countries.



MIMI Student Exchange Scholarship

Japan Australia LNG (MIMI) has a long history of supporting two Australian students each year experience a one year exchange program to Japan. Successful applicants will receive a \$5000 scholarship to help cover the program fee. Students who wish to take up this opportunity must also be willing to share program updates with the Sponsor.

Application deadline: 1st July 2020



Adrienne Rowell Exchange Scholarship In recognition of AFS volunteer Adrienne Rowell's years of dedicated service, AFS is excited to announce a new scholarship opportunity for young students in 2020. Students who can demonstrate an active involvement in their community and motivation in learning about the world around them are encouraged to apply. Successful applicants will receive a \$5000 scholarship to help cover the costs of a semester or year program to selected countries.

Application deadline: 15 March 2020

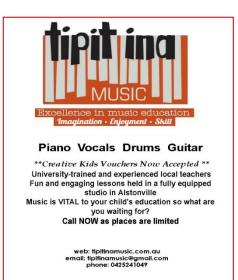
sia Pacific Initiative Scholarship

The AFS Asia Pacific Initiative (AAI) was created to strengthen connections between Australia and the rest of Asia Pacific. The program focuses on providing students with global competence tools and in-depth opportunities to learn about their host country. Successful applicants from the Asia-Pacific region will receive \$4000 scholarship to go towards an exchange program in selected countries (Thailand, Indonesia, India and Turkey).

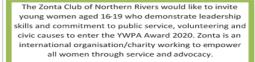


Application deadline: April 2020

visit our website to check individual program requirements







The 2020 Application form can be downloaded from the website https:/foundation.zonta.org/Our-Programs/Educational-Programs/Young-Women-in-Public-Affairs-Award

Entries close on the 6th March 2020 and entries/completed applications are to be posted to

PO Box 108 Alstonville 2477 by this date. The Awards Night is the 18th March at Alstonville Bowling Club.

For further enquiries or help with the application process please contact:

Lyndall Smith 0424427077 or email lyndall907@hotmail.com
OR

Linda Grudnoff 0431622656 or email lindagrudnoff@yahoo.com

illidagi adrione yanoo.com





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